

Cookery Methods [AU + UK] / Cooking Methods [US]

Credits

2022

Boiling

Blanching

Poaching

Steaming

Stewing & Braising

Sous Vide

Baking

Roasting

Grilling

Dry Frying [AU + UK] / Dry-Frying [US]

Pan Frying [AU + UK] / Pan-Frying [US]

Stir Frying [AU + UK] / Stir-Frying [US]

Shallow & Deep Frying [AU + UK] / Shallow- & Deep-Frying [US]

Writer Lucy Singer

Director Carly Bojadziski

Director of Photography Sam Bennett

1st Assistant Director Madison Westbrook

Sound Recordist Elliot Klein

Camera Assistant Elliot Klein

Production Assistant Kristen Sellings

Jane Moore

Head Chef Laura Boulton

Chef Assistant Rebecca Woodcock

Voice Over AU / UK: Gavin Duff

US: Timothy Morgan



Some images and footage from: ©Getty Images [ADD ACKNOWLEDGEMENTS AS NEEDED]

Offline Editors Carly Bojadziski

Nathan Dalton

Online Editor/Motion Graphics Carly Bojadziski

Katherine Allen

Audio Post-Production Elliot Klein

Script Editor Stella Tarakson

Educational Consultant Terry Evans

Commissioning Editor Jennifer Gough

Producer Carly Bojadziski

On-Set Producer Madison Westbrook

Executive Producer Edwina Baden- Powell

Thanks to Melbourne Food Hub

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