

## **Headventures Meditation Series**

Credits

2022

My Happy Place

Blue Skies, Grey Skies (AU/UK) / Blue Skies, Gray Skies (US)

My Future Self

**My Treasure Chest** 

**Body Scan** 

Grounding

Shake it Off

**Two Good Things** 

Writer Jacqui Jones

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Sound Recordist Elliott Klein

Voice Over Jacqui Jones

Some images and footage from:

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[ADD ACKNOWLEDGEMENTS AS NEEDED]

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## Thanks to

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