



Secondary Schools

Resources for PSHE and Relationships & Sex Education

Contents

PSHE and Relationships & Sex Education Teaching Resources

We've put this guide together to help you through the transition to the new PSHE Relationships and Sex Education (RSE) curriculum. You may already be covering some or all of this content in detail at your schools, however we're acknowledging the recent mandating of this curriculum.

The guide is a just taste of the collection of world-class teaching and learning video titles available on ClickView. You're just moments away from a wealth of digital content and teaching resources to support your educators and students in the teaching of PSHE.

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Relationships & Sex Education

ClickView produces the highest quality teaching and learning resources, ideal for supporting schools and educators in the delivery of new mandatory RSE curriculum. For many, these resources will help you build upon the brilliant work you already do, while for others it's the beginning of a new educational journey. With the understanding that there are certainly challenges when it comes to teaching RSE content, we want you to know we're here to support you.

Here are two of our key series under RSE to showcase the kinds of resources you can access within ClickView to support your teaching. Other relevant video content and resources include Our Teens 101 series is another relevant, contemporary resource which explores topics from depression and eating disorders to LGBT inclusivity. The collection also includes videos on embarrassing sex questions, bullying, digital citizenship, social media and much more.

Relationships & Sex Education

Behind the Scenes of Respectful Relationships

Series Synopsis

Secondary | PG | 2017

Relationships of any nature should be based on mutual respect. This series covers four important issues surrounding respectful relationships – consent, domestic violence, gender stereotyping and sexual harassment.



Consent

6min 19sec

Set around a film shoot featuring Victorian era socialites, this video clip focuses on consent in relationships. Through the film dialogue, and 'real-life' conversations between the actors and crew, it reinforces an important message about consent between couples. It is not just about the fact that "no" means "no", but that not saying "yes" also means "no".



Gender

5min 36sec

As we watch a scene being filmed where the arrival of a platypus triggers off debate between Victorian era scientists about the animal's exact identity, we learn that one of the film crew is 'genderqueer'. It gives rise to a discussion between others on the set about gender identity and explores how stereotyping about adherence to gender-based behavioural norms can challenge and confront conventional mindsets.



Sexual Harassment

5min 44sec

During the filming of a light-hearted production set in Victorian times, a scene portrays a man making an unwelcome advance to a woman. When the filming stops, we see that sexual harassment is also very much alive today in a whole range of situations. This clip explores sexual harassment through a scenario involving role reversal, delivering a poignant message about appropriate and respectful behaviour in relationships.



Domestic Violence

6min 25sec

During a film shoot depicting a rather macabre Victorian supper preparation procedure, we are also taken inside the private life of a couple involved in the production. Things are strained between them as we learn of an incident that occurred the night before. This clip reinforces the fact that domestic violence is never okay, and that both perpetrators and victims should seek help.

Relationships & Sex Education

Behind the Scenes of Respectful Intimate Relationships



Series Synopsis

Secondary | 12A | 2020

As a cast and crew film a pirate-themed series about respectful relationships topics, they discuss how realistic pornography is, as well as how pornography addiction, sharing intimate images and misogyny in pornography impact on their everyday lives. Ideal for senior secondary students.



Pornography v. Reality

6min 33sec

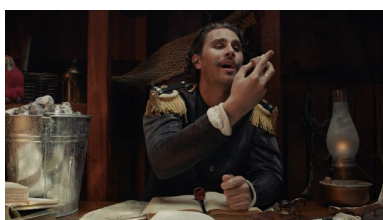
While shooting a fight scene, boom operator Tim annoys the director and cast as he questions the realism of what they are filming. This leads to an in-depth conversation between the director and cast about if the sex acts depicted in pornographic films are real, how people learn about sex and issues to do with consent. This video is an ideal way to open discussions about the pornography industry with secondary students.



Sharing Intimate Images

6min 21sec

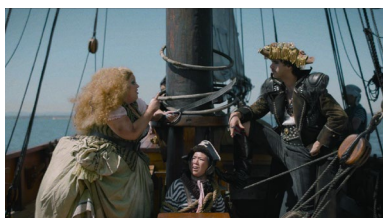
A scene showing Captain Terry's reaction when a friend shares a picture of his 'doodle' sparks a deeper conversation between the cast members about the impact of non-consensual sharing of intimate images, privacy, sex shaming, revenge porn and victim blaming. The comedic style of this video enables senior secondary students to easily engage with the topics.



Pornography and Addiction

5min 04sec

Boom operator Tim becomes so distracted by his addiction to online pornography that his work on set begins to suffer. The director talks with him about acknowledging his problem and realising how much it controls his behaviour, then encourages him to talk to people he trusts to get help. The pirate-themed comic elements of the video help senior secondary students to fully explore the nature of addiction.



Misogyny in Pornography

6min 24sec

After a scene on the pirate ship where the characters argue over what 'all' women like, the cast and crew discuss how pornography is made for the 'male gaze'. They explore ideas about misogyny and stereotypes in pornography and the importance of having open conversations with partners about sexual interests and needs. This video will help teachers introduce senior secondary students to important respectful relationships topics in an engaging manner.

Mental Wellbeing

The wellbeing of both staff and students is paramount in any school. The COVID-19 pandemic has no doubt exacerbated individuals' challenges or concerns. This means classroom conversations around relationships and sex education may bring new or unfamiliar emotions to the surface. We're proud to support you with a wealth of important resources on the topic of mental wellbeing. We've collaborated with fantastic organisations like Innovating Minds to make sure you have both academically sound and appropriate resources for staff and students.

Here are two example ClickView series which sit amongst a broader collection of videos and resources around understanding self esteem, stress and cultural expectations, resilience and digital citizenship and more.

Mental Wellbeing

Understanding Anxiety

Series Synopsis

Secondary | E | 2019

Anxiety can affect us all. It can feel like you have too many balls in the air, like you're struggling to keep life in balance, or like failure is just one wrong move away. In this three-part series, students will be introduced to the concept of anxiety through the visual metaphor of circus performers who, through mastering their juggling and balancing acts, help viewers to recognise strategies to manage and master their feelings.



What Is Anxiety?

9min 20sec

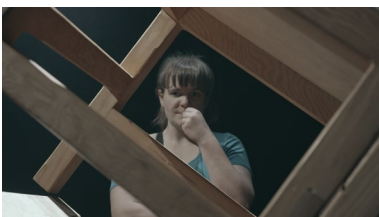
How and when we experience anxiety is as individual as we are. The ways that we cope with and manage it are different too. This programme provides students with an introduction to anxiety, what it might look and feel like, and some of the useful methods to calm it when it strikes. Combining animation and the metaphor of various circus acts, students will come away with a clearer understanding of this complex emotional state.



Transition Anxiety

5min 44sec

Starting at a new school is one of the biggest changes a young person can face and, understandably, it can bring with it many anxious thoughts and feelings. Looking specifically at practical strategies to manage their emotions and behaviours in this period of transition, this programme is an invaluable tool for students making the leap from Primary to Secondary school, or switching to a new school at any time during their schooling years.



Exam Stress

6min 57sec

Nerves before a big test can be productive. But when nervous energy grows into an overwhelming anxiety, exam performance can suffer, just as the negative feelings and self-talk have convinced you it will. Important viewing for students ahead of an exam, performance or competition, this programme presents some useful ways to overcome the often-debilitating feelings of pressure, dread and stress so that they can focus on doing their best when the big day arrives.

Innovating Minds are extremely impressed with the level of professionalism from ClickView and their passion to create quality video content for schools. We really enjoyed working with ClickView as they were fun, responsive and worked collaboratively. The Understanding Anxiety series is an amazing resource for teachers and children.



Dr Asha Patel

Clinical Psychologist, CEO and Founder of Innovating Minds and consultant on ClickView's Understanding Anxiety series



Mental Wellbeing

Social Media Me



Series Synopsis

Secondary | E | 2016 & 2018

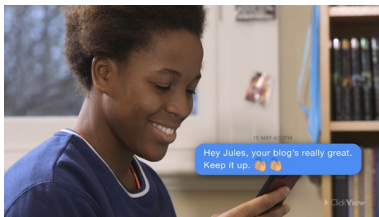
The series Social Media Me follows the experiences of characters in an unfolding fictitious dramatisation focusing on identity, self-esteem and ethical behaviour in social media and real world relationships. Below is a selection from the six-part series available on ClickView.



Self-Esteem and Social Media

10min 41sec

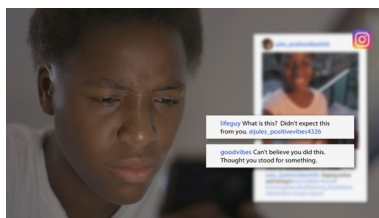
Social media is often criticised for having a negative impact on self-esteem. But it doesn't have to be that way. This episode looks more closely at how Jules, Nela and Marcus are affected by social media content and popular platforms. The differences between their social media self and their real world self are highlighted, encouraging viewers to think critically about their online interactions and experiences.



Positive Social Media Strategies

7min 46sec

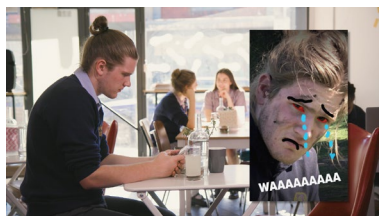
How can we manage social media use so that it is positive? How can we tell when social media use is affecting us and our relationships in a negative way? In the conclusion to this three-part series, Jules' final blog post provides practical advice from experts on managing our social media habits and choices. Her thoughtful insights give Nela and Marcus inspiration to make some positive changes online and in life.



Cyberbullying and Digital Citizenship

16min 14sec

As Jules' social media world spirals downwards, her friend Aaron prepares to enter an online hate exchange. Jules turns to Project Rockit for advice, and starts along the hard road of repairing relationships. Meanwhile Aaron rethinks his approach. Part 3 of this series, this clip carries poignant messages about the personal effects of irresponsible and unethical online behaviour, and the importance of developing resilience.



Resilience and Digital Citizenship

14min 51sec

While shooting a fight scene, boom operator Tim annoys the director and cast as he questions the realism of what they are filming. This leads to an in-depth conversation between the director and cast about if the sex acts depicted in pornographic films are real, how people learn about sex and issues to do with consent. This video is an ideal way to open discussions about the pornography industry with secondary students.

Living in the Wider World

The world around us is changing at an unprecedented rate. With change comes both challenge and opportunity. What does that mean for the young people of today? What does it mean to live in and contribute to society today and into the future?

ClickView provides a huge number of digital learning resources to complement your classroom teaching. These span topics from career and study inspiration to digital and financial literacy.



Living in the Wider World

10 Things Not to Do in an Interview

Series Synopsis

Secondary | E | 2018

This series focuses on 10 key areas of job interviews. Candidates from Enchanted Fairyland Employment Agency demonstrate how bad habits and lack of preparation don't cut it when you're facing questions from a prospective employer.



Poor Communication & Body Language

5min 17sec

Enchanted Fairyland Employment Agency candidates stack up like a lesson in how-to and how-not-to, in terms of communication during a job interview. Sitting opposite is Carol Peters, dealing with a snoozing Rapunzel, an awkward "Granny", Wicked Queen's expletives, the nose-picking Pinocchio and Gretel's accusations that the affable and witty leisure centre manager is a witch. We see the how-to when Little Pig enters the room.



Not Being Yourself or Having Questions

6min 32sec

A strange bearded man in a lady's nightdress called Granny? A six-year-old wooden boy boasting years of experience running leisure centres? Carol Peters runs one of her own, and is interviewing job candidates, but she's beginning to wonder about the Enchanted Fairyland Employment Agency. Little Pig was the only authentic candidate who was well-prepared with questions of his own.



Lack of Preparation and Research

6min 12sec

Carol Peters is always prepared and she expects the same in prospective employees. Alas, most of the candidates from Enchanted Fairyland Employment Agency, including Wicked Queen, BB Wolf, Rapunzel, Hansel and Gretel, did no research into her company, and clearly hadn't practised answering interview questions. Only one stood out – Little Pig who shone with his research and ability to convincingly answer questions with confidence.



Negativity & Nerves

6min 12sec

Rapunzel bombed out when Carol Peters interviewed her for a leisure centre position. Years of captivity and her ultimate rescue paint a perfect picture of resilience, problem-solving know-how and willingness to work in a team...but she didn't think of that. Sadly, few Enchanted Fairyland Employment Agency candidates knew about being positive and relaxed in job interviews. Except for Little Pig – he could write the textbook.



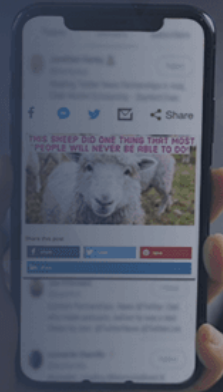
Lateness & Poor Presentation

7min 45sec

Carol Peters doesn't have much time for recruiting in the cut and thrust of managing a leisure centre. So she's taken on the services of Enchanted Fairyland Employment Agency, but candidates like Wicked Queen (Becs), Hansel (minus Gretel) and Rapunzel don't curry any favours when they're late for the interview. And BB Wolf and Puss-in-Boots just don't present well. Little Pig though is another story...

Living in the Wider World

The Digital Literacy Series: Fake News



Series Synopsis

Secondary | E | 2020

Fake News – a danger to health, social cohesion and democracy, or just a quick and entertaining way to learn about what’s happening in the world? The new Digital Literacy video series will ensure students can spot fake news and understand its risks by analysing examples of hoaxes, scams, propaganda, satire and clickbait. They’ll learn about the psychology of fake news and how it manipulates emotions and appeals to ‘lazy thinking’. The language features of persuasive and emotive texts such as hyperbole and repetition are explored, and students are taught how to conduct a visual analysis of fake websites and apps to help ensure they don’t fall for fake news, or spread it.

A fun summary video that tests students’ ability to spot fake news completes this highly relevant and comprehensive series. Below is a selection from the six-part series available on ClickView.



What is Fake News?

7min 47sec

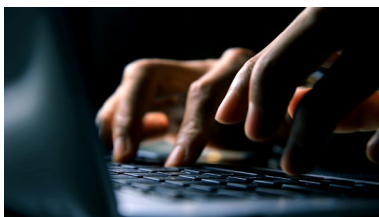
The way in which news is delivered and consumed has changed rapidly over time and continues to evolve today. This video examines some of the issues that have arisen from this, defining fake news and explaining and providing examples of hoaxes, scams, clickbait, jokes, advertising, spin, propaganda, satire and sensationalism. An essential resource for boosting secondary students’ digital literacy skills.



Why Do We Fall for Fake News?

7min 17sec

This video explores the factors that make fake news easy to believe. Case studies, including the story of Pope Francis endorsing Donald Trump for president and dolphins in Venice during the COVID-19 pandemic, illustrate how modern busy lifestyles mean we are prone to falling for fake news, making it an extremely powerful communication tool for governments, organisations and individuals. An essential resource for boosting secondary students’ digital literacy skills.



How Is Fake News Created?

8min 10sec

This video examines common ways of creating fake news, such as maintaining a website that hosts misleading articles and using social media accounts and chatbots to increase traffic. It also explores the common reasons Fake News is generated and demonstrates how deliberate design and language choices can be used to trick and confuse people. An essential resource for boosting secondary students’ digital literacy skills.



What Are the Dangers of Fake News?

8min 03sec

People frequently make important decisions about their health, families and political issues based on news, without knowing whether it is fake or true. This video shows how making, consuming and sharing fake news about events that never took place or conspiracy theories about prominent people and provocative topics can have extremely serious consequences. An essential resource for boosting secondary students’ digital literacy skills.