



PSHE/RHE Secondary School Curriculum Resources

Relationships Education, Relationships and Sex and Health Education

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Health and Wellbeing

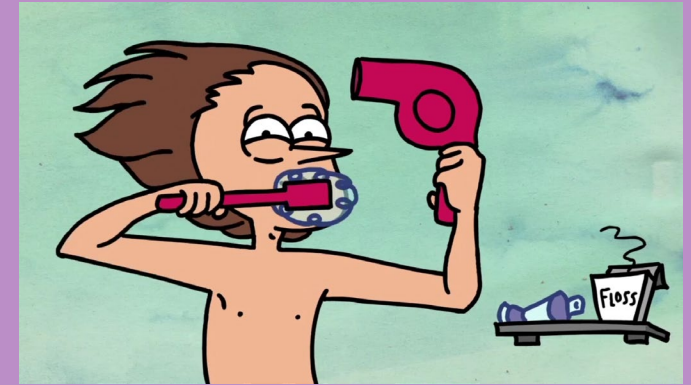


Starting Secondary School

Series: Miniclips



Top Ten Reasons Not to Drink Alcohol



The Basic Hygiene Video



The Highs, Lows, and In-Betweens
of Puberty



What is Anxiety?

Series: Understanding Anxiety



What is Fake News?

Series: The Digital Literacy Series: Fake News

Basic First Aid

Title	Series	Year
Community	First Aid Emergencies	2013
Home	First Aid Emergencies	2013
Fire Safety	Safety and First Aid	2015
First Aid for Sprains		2015

Changing Adolescent Body

Title	Series	Year
Depressants, Hallucinogens and Stimulants	Drug Awareness	2015
The Voice of Crystal Meth	Drug Awareness	2015
Jump Onboard (coming soon)	Next Stop, Puberty!	2020
All the Changes (coming soon)	Next Stop, Puberty!	2020
All the Changes - Females (coming soon)	Next Stop, Puberty!	2020
All the Changes - Males (coming soon)	Next Stop, Puberty!	2020
All The Feels (coming soon)	Next Stop, Puberty!	2020
Who Are You? (coming soon)	Next Stop, Puberty!	2020
Addiction in First Nations: Lindsay's Story	Teens 101	2017
Identifying Transgender: David's Story	Teens 101	2017
I'm Not Addicted: Will's Story	Teens 101	2017
LGBTQ Inclusivity: Joey's Story	Teens 101	2017

Drugs, Alcohol and Tobacco

Title	Series	Year
Binge Drinking		2004
Buzz in a Bottle: The Dangers of Caffeine Spiked Energy Drinks		2010
Caffeine Overdose: How Much Is Too Much?		2016
Drink Spiking: Awareness and Avoidance		2008
Drugs: Facts and Fiction		2009
Dying High 2: Real Stories of Drugged Driving		2012
Heroin Rising: Cheap, Addictive and Deadly		2013
His and Hers: Gender and Sexuality		2009
Introducing Cannabis: Risks, Laws and Habits		2007
Molly: Innocent Name, Deadly Drug		2014
My Transgender Life		2015
Party Drugs		2005
Pothead		2014
Sexual Identity		2013
Teenage Drinking: Facts and Fiction		2009
Ten Bad Things You Didn't Know about Smoking and Tobacco		2015
The Highs, Lows, and In-Betweens of Puberty		2016
The Top Ten Reasons Not to Drink Alcohol		2016
The Totally Disgusting Alcohol Gross Out Video		2014
Toxic Life Cycle of a Cigarette		2015
Vaping: More Dangerous Than You Think		2014
What's Happening to Me?		1986
Where Did I Come From?		1995

Health and Prevention

Title	Series	Year
Management and Treatment of Diabetes	Understanding Diabetes	2019
Medicines: A Brief Guide to Glitpins and Other Incretin Therapies	Understanding Diabetes	2019
Medicines: A Brief Guide to Glitazones	Understanding Diabetes	2019
Medicines: A Brief Guide to Metformin	Understanding Diabetes	2019
Medicines: How Insulin Works	Understanding Diabetes	2019
Symptoms and Complications of Diabetes	Understanding Diabetes	2019
Types of Diabetes	Understanding Diabetes	2019
Texting and Driving: The Deadliest Distraction		2015
The Basic Hygiene Video		2015

Healthy Eating

Title	Series	Year
Pregnancy, Infancy and Childhood	Nutrition for Life	2006
Create a Great Plate		2012
Dead End Diets: Why Fad Diets Don't Work		2016
Nutrient Basics		2012
The Dangers of Sugar and Salt		2014
Think Before You Drink: Sugar Shockers and Beverage Tips		2014
Top 5 Food Mistakes Most Teens Make and How to Fix Them		2013
What's in My School Lunch? - Making Healthy Choices		2010

Internet Safety and Harms

Title	Series	Year
Sharing Intimate Images	Behind the Scenes of Respectful Intimate Relationships	2020
Misogyny in Pornography	Behind the Scenes of Respectful Intimate Relationships	2020
Pornography and Addiction	Behind the Scenes of Respectful Intimate Relationships	2020
Pornography v. Reality	Behind the Scenes of Respectful Intimate Relationships	2020
Pornography and Addiction: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Misogyny in Pornography: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Sharing Intimate Images: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Pornography v. Reality: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Pre-Teaching Support	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Cyberbullying and Digital Citizenship	Social Media Me	2018
Resilience and Digital Citizenship	Social Media Me	2018
What Is Digital Citizenship?	Social Media Me	2018
How Is Fake News Created?	The Digital Literacy Series: Fake News	2020
Why Do We Fall for Fake News?	The Digital Literacy Series: Fake News	2020
Can You Avoid Falling for Fake News?	The Digital Literacy Series: Fake News	2020
What Are the Dangers of Fake News?	The Digital Literacy Series: Fake News	2020
Can You Spot Fake News?	The Digital Literacy Series: Fake News	2020
What Is Fake News?	The Digital Literacy Series: Fake News	2020
Cyber Safe: Identifying and Combating Cyber Bullies		2007
Internet Ethics and Young People		2010
Keeping Safe Online		2009
Ten Ways to Stay Safe on the Internet		2016

Managing Risk and Personal Safety

Title	Series	Year
Be Aware of Your Surroundings	Don't Be a Dummy	2017
Be Safe at Home	Don't Be a Dummy	2017
Look after Your Belongings	Don't Be a Dummy	2017
Safe Travels	Don't Be a Dummy	2017

Mental Wellbeing

Title	Series	Year
Starting Secondary School	Miniclips	2019
Episode 01: Calm Breathing	Miniclips: My Brain and Body Working Together	2020
Episode 02: My Brain	Miniclips: My Brain and Body Working Together	2020
Episode 03: My Senses Keeping Me Safe	Miniclips: My Brain and Body Working Together	2020
Episode 04: Finding Feelings	Miniclips: My Brain and Body Working Together	2020
Episode 05: Calming Your Body and Brain	Miniclips: My Brain and Body Working Together	2020
Episode 06: Feeling Safe	Miniclips: My Brain and Body Working Together	2020
Exam Stress	Understanding Anxiety	2019
Transition Anxiety	Understanding Anxiety	2019
What Is Anxiety?	Understanding Anxiety	2019
Anxiety and Depression: Eleanor's Story	Teens 101	2017
Breaking Poverty: Billionaire PA's Story	Teens 101	2017
Broken Families: Lydia's Story	Teens 101	2017
Depression and Eating Disorder: Sterling's Story	Teens 101	2017
Depression and Self-Harm: Brittany's Story	Teens 101	2017
Don't Diss My Abilities: Michelle's Story	Teens 101	2017
Stress and Cultural Expectations: Eileen's Story	Teens 101	2017
Understanding Asperger's: Sean's Story	Teens 101	2017

Mental Wellbeing

Title	Series	Year
A Sense of Identity		2010
Building Resilience		2008
Dark Days: Shedding Light on Depression		2011
Hallmarks of Good Mental Health		2009
Help! I'm Stressed!		2012
Mental Health: The Basics		2012
Moving Forward		2012
The Mind/Body Connection: How Your Emotions Affect Your Health		2016
These Days: A Short Film on Youth Suicide		2013
These Days: A Short Film on Youth Suicide (Censored Version)		2013
These Days: With Extended Commentary		2013
Talk About Change: By Young People with Life-Limiting Conditions		2008

Physical Health and Fitness

Title	Series	Year
Acute Cardiovascular Responses	Acute Responses to Exercise	2016
Acute Muscular Responses	Acute Responses to Exercise	2016
Acute Respiratory Responses	Acute Responses to Exercise	2016
Analysing Fitness	Australian Fitness Series	2006
Increasing Physical Activity in the UK: A Case Study	Changing Physical Activity Behaviour	2018
Influences on Physical Activity	Changing Physical Activity Behaviour	2018
Chronic Cardiovascular Adaptations	Chronic Adaptations to Exercise	2016
Chronic Muscular Adaptations	Chronic Adaptations to Exercise	2016
Chronic Respiratory Adaptations	Chronic Adaptations to Exercise	2016

Physical Health and Fitness

Title	Series	Year
Improving Performance	Elite Athlete Case Studies	2010
Energy Systems	Factors Affecting Performance	2003
Nutrition and Sport	Factors Affecting Performance	2004
Psychological Factors	Factors Affecting Performance	2005
Skill Acquisition: Part 1	Factors Affecting Performance	2004
Skill Acquisition: Part 2	Factors Affecting Performance	2004
Training	Factors Affecting Performance	2003
Foundation Skills	Five Days of Fitness	2020
Improve Your Posture	Five Days of Fitness	2020
The Warm Up	Five Days of Fitness	2020
Workout 1: Engage Your Core	Five Days of Fitness	2020
Workout 2: Strong Glutes	Five Days of Fitness	2020
Workout 3: Kick It, Punch It	Five Days of Fitness	2020
Workout 4: Posture Perfect	Five Days of Fitness	2020
Workout 5: Planks and Arms	Five Days of Fitness	2020
The Cool Down	Five Days of Fitness	2020
Skills Classification, Coaching and Practice	Skills and Sports Psychology Series	2005
An Introduction	The Body in Motion	2010
Fitness, Skill, and Training	The Body in Motion	2010
Influences on Movement	The Body in Motion	2010
The Coach	The Winning Team	2010
The Performer	The Winning Team	2010
The Referee	The Winning Team	2009
Training Principles	Training for Fitness Series	2006
Training Programs	Training for Fitness Series	2006

Physical Health and Fitness

Title	Series	Year
4 Weeks 2 a Higher Food IQ		2012
Achieve a Healthy Lifestyle		2010
All About Muscles		2008
Diet Related Disorders - Type 2 Diabetes, Obesity and Coeliac Disease		2010
Energy Balance		2012
Enhancing Performance in Sport		2006
Essential Physical Fitness: What Every Teen Needs to Know		2011
Evaluating a Training Program		2010
Exercise for Life		2004
Expedition and Navigation Skills		2012
Fair Play in Sport: The Role of Umpires and Referees		2008
Food for Sports Performance		2008
Good Coach, Bad Coach		2008
Influences on the Health of Individuals		2010
In Focus: Coaching Styles - Characteristics of a Good Coach		2003
In the Spirit of the Game		2012
Individual Differences: Gender, Training and Performance		2004
Lifelong Physical Activity		2012
Maintaining a Healthy Heart: An Owner's Guide		2013
Nutrition and Hydration in Sport		2012
Performance Enhancing Substances in Sport		2012
Risk Management in Recreation		2010
Sleepless Epidemic		2013
Skill Acquisition for Sports Performance		2010
Sports Injuries: Classification and Management		2010

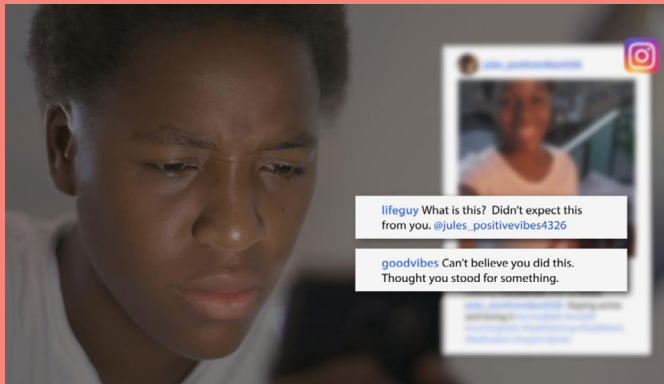
Physical Health and Fitness

Title	Series	Year
Sports Injury Prevention and Assessment		2005
Sports Psychology: Mental Preparedness		2012
Sports Psychology: Motivation, Anxiety and Arousal		2012
The Benefits of Exercise		2016
The Biomechanics of Throwing		2003
The Winning Headspace: Psychology in Sports		2007
Training Strategies: Preparing for a Purpose		2003
Biomechanics of the Body		2008

Self-Concept

Title	Series	Year
Positive Social Media Strategies	Social Media Me	2016
Self-Esteem and Social Media	Social Media Me	2016
Understanding Self-Esteem	Social Media Me	2016
Developing Personal Values		2010
Personal Identity: Tattoos, Body Piercing, Art, Culture and Self Expression		2002

Relationships Education



Cyberbullying and Digital Citizenship

Series: Social Media Me



Don't Be a Bully, Loser



Self Esteem and Social Media

Series: Social Media Me



Don't Diss My Abilities: Michelle's Story

Series: Teens 101



Pornography v. Reality

Series: Respectful Intimate Relationships



How to End Unhealthy Relationships

Being Safe

Title	Series	Year
What Is Sexual Harassment?	The Most Embarrassing Sex Questions in History	2016
Drink Spiking: Awareness and Avoidance		2008

Contraception and Parenthood

Title	Series	Year
IVF	Medical Ethics	2011
Pregnancy, Infancy and Childhood	Nutrition for Life	2006
What is Contraception?	The Most Embarrassing Sex Questions in History	2016

Families

Title	Series	Year
Broken Families: Lydia's Story	Teens 101	2017
Stress and Cultural Expectations: Eileen's Story	Teens 101	2017
Getting Through It: Kids Talk about Divorce		2014

Intimate and Sexual Relationships, Including Sexual Health

Title	Series	Year
Sharing Intimate Images	Behind the Scenes of Respectful Intimate Relationships	2020
Misogyny in Pornography	Behind the Scenes of Respectful Intimate Relationships	2020
Pornography and Addiction	Behind the Scenes of Respectful Intimate Relationships	2020
Pornography v. Reality	Behind the Scenes of Respectful Intimate Relationships	2020
Pornography and Addiction: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Misogyny in Pornography: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020

Intimate and Sexual Relationships, Including Sexual Health

Title	Series	Year
Sharing Intimate Images: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Pornography v. Reality: A Teacher's Guide	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Pre-Teaching Support	Behind the Scenes of Respectful Intimate Relationships: A Teacher's Guide	2020
Consent	Behind the Scenes of Respectful Relationships	2017
Domestic Violence	Behind the Scenes of Respectful Relationships	2017
Gender	Behind the Scenes of Respectful Relationships	2017
Sexual Harassment	Behind the Scenes of Respectful Relationships	2017
The Impact of Parenthood	Sexual Awareness Series	2003
Unplanned Pregnancy: The Choices	The Choices	2010
Is Masturbation Normal?	The Most Embarrassing Sex Questions in History	2016
Is Sex Painful the First Time?	The Most Embarrassing Sex Questions in History	2016
What Are Wet Dreams?	The Most Embarrassing Sex Questions in History	2016
What If I Feel Pressured to Have Sex?	The Most Embarrassing Sex Questions in History	2016
What If I'm Attracted to the Same Sex?	The Most Embarrassing Sex Questions in History	2016
What Is Contraception?	The Most Embarrassing Sex Questions in History	2016
What Is Sexting?	The Most Embarrassing Sex Questions in History	2016
Coping with Dating Violence and Abuse		2015
Defining Sexual Assault		2016
Kiss the Boy		2018
Recognising Abusive Relationships		2013
Sexually Transmitted Infections: What We Can't See		2006
STIs: Facts and Fiction		2009

Intimate and Sexual Relationships, Including Sexual Health

Title	Series	Year
Positive Social Media Strategies	Social Media Me	2016
Self-Esteem and Social Media	Social Media Me	2016
Understanding Self-Esteem	Social Media Me	2016
Cyberbullying and Digital Citizenship	Social Media Me: Season 2	2018
Resilience and Digital Citizenship	Social Media Me: Season 2	2018
What Is Digital Citizenship?	Social Media Me: Season 2	2018
How Is Fake News Created?	The Digital Literacy Series: Fake News	2020
Why Do We Fall for Fake News?	The Digital Literacy Series: Fake News	2020
Can You Avoid Falling for Fake News?	The Digital Literacy Series: Fake News	2020
What Are the Dangers of Fake News?	The Digital Literacy Series: Fake News	2020
Can You Spot Fake News?	The Digital Literacy Series: Fake News	2020
What Is Fake News?	The Digital Literacy Series: Fake News	2020
Internet Ethics and Young People		2010
Keeping Safe Online		2009
Ten Ways to Stay Safe on the Internet		2016

Respectful Relationships, Including Friendships

Title	Series	Year
Better Ways to Communicate	Against Bullying Series	2009
The Bystander	Against Bullying Series	2009
Understanding Bullying	Against Bullying Series	2009
Starting Secondary School	Miniclips	2019
About Conflict Resolution	Real Smart Series	2003
Bullying Behaviours: Investigating Myths and Facts	Tackling Bullying Big Time Series	2005

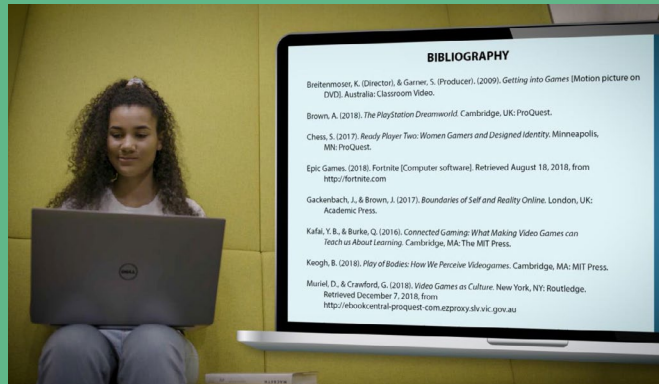
Respectful Relationships, Including Friendships

Title	Series	Year
Cyberbullying: Cristina's Story	Teens 101	2017
Don't Diss My Abilities: Michelle's Story	Teens 101	2017
LGBTQ Inclusivity: Joey's Story	Teens 101	2017
Understanding Asperger's: Sean's Story	Teens 101	2017
Communication Basics		2009
Confessions of a Bully		2013
Cyberbullying: Identify, Understand, Prevent		2012
Don't Be a Bully, Loser		2017
Girls and Bullying: Identify, Understand, Prevent		2012
Girls' Business: Friendship and Bullying in Schools		2005
Homophobia		2010
How to End Unhealthy Relationships		2016
Talk About Change: By Young People with Life-Limiting Conditions		2008
Understanding Prejudice		2008
What Does It Mean to Be a Good Friend?		2010

Living in the Wider World



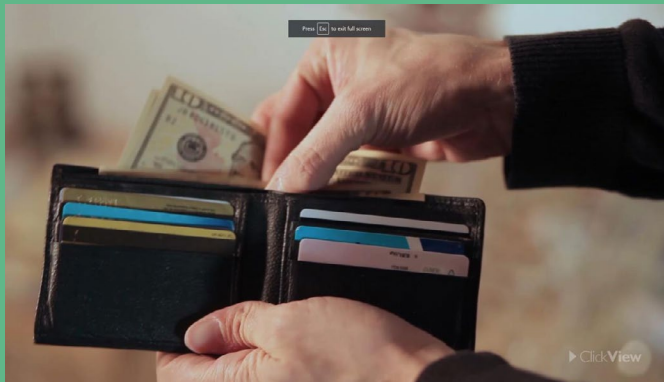
Mark Graham: Software Developer at Learning Pool
Series: Work Inspiration



Avoiding Plagiarism: Bibliographies
Series: Library Skills



Lack of Preparation and Research
Series: 10 Things Not to Do in an Interview



Savings and Investing
Series: Know Your Finances



Time Flies: Time Management Skills
Series: Study Skills



Communication
Series: Are You Job Ready?

Choices and Pathways

Title	Series	Year
An Introduction to UCAS	Continuing into HE	2013
Choosing Your Degree Subjects	Continuing into HE	2013
Choosing Your Sixth Form Studies	Continuing into HE	2013
Preparation for a University Interview	Continuing into HE	2013
Work Experience: The Benefits	Continuing into HE	2013
Writing Your Personal Statement	Continuing into HE	2013
Fashion Design Careers	Do You Have What It Takes?	2013
NWRC: Adam Meehan in Health Services	Educational Pathways	2019
NWRC: Ben Collins in IT	Educational Pathways	2019
NWRC: Bryan Smyth in Engineering	Educational Pathways	2019
NWRC: Matthew Rutherford in Health Studies	Educational Pathways	2019
NWRC: Tammie Leigh in Hair and Beauty	Educational Pathways	2019
SERC: Charlotte Slater in Level 3 Extended Diploma Sports	Educational Pathways	2019
SERC: Farah Pourgholi in HNC Level 4 Photography	Educational Pathways	2019
SERC: Jennifer McCormack as a Parent	Educational Pathways	2019
SERC: Pearce McFall in HND Performing Arts	Educational Pathways	2019
SERC: Taylor Trouton in HLA Mechatronic Engineering	Educational Pathways	2019
Student Interview with a Games Designer	Educational Pathways	2019
Student Interview with an Aeronautical Engineer	Educational Pathways	2019
Claire Hillis: Graduate Programme at Bank of Ireland	Graduate Programmes and Apprenticeships	2019
Ella McCann: BrightStart Apprentice at Deloitte	Graduate Programmes and Apprenticeships	2019
Katie Moore: Graduate Programme at Bank of Ireland	Graduate Programmes and Apprenticeships	2019
Stress and Cultural Expectations: Eileen's Story	Teens 101	2017
Breaking Poverty: Billionaire PA's Story	Teens 101	2017
Allan Halsall: UTV Business Development Manager	Work Inspiration	2019

Choices and Pathways

Title	Series	Year
Amy Lowry: Technical Analyst	Work Inspiration	2019
Andrea Caporale: Senior Designer at Foolproof	Work Inspiration	2019
Anita May Goulding: Adobe Strategic Developer	Work Inspiration	2019
Dana Doherty: Software Developer at Learning Pool	Work Inspiration	2019
David Pugh: Graphic Designer and Entrepreneur	Work Inspiration	2019
Gayle Chong Kwan: Artist	Work Inspiration	2019
Hope MaCaulay: Fashion Designer	Work Inspiration	2019
John Harkin: Founder of Alchemy	Work Inspiration	2019
Jordan Cairns: Technical Analyst	Work Inspiration	2019
Josh Nimmins: Ski Instructor	Work Inspiration	2019
Karishma Kusurkar: Designer and Entrepreneur	Work Inspiration	2019
Kevin Doherty: Product Manager at Learning Pool	Work Inspiration	2019
Lauren Baker: PMO Analyst	Work Inspiration	2019
Mark Graham: Software Developer at Learning Pool	Work Inspiration	2019
Matthew McAleer: Academy Manager at Learning Pool	Work Inspiration	2019
Nikki Hayes: Graphic Designer	Work Inspiration	2019
Olivia Skuce: PMO Analyst	Work Inspiration	2019
Rory Watson: Project Manager at Learning Pool	Work Inspiration	2019
Ruth Callaghan: Co-Owner of UseLess Shop	Work Inspiration	2019
Rwanda Shaw: Musician	Work Inspiration	2019
Ryan Roberts: Technical Analyst	Work Inspiration	2019
Scott Rosborough: Technical Analyst	Work Inspiration	2019
Steven Rainey: Radio Presenter and Producer	Work Inspiration	2019
Steven Shaw: Design Partner at Big Motive	Work Inspiration	2019
Student Interview with a Games Designer	Work Inspiration	2019

Choices and Pathways

Title	Series	Year
Student Interview with a Social Worker	Work Inspiration	2019
Student Interview with an Actor	Work Inspiration	2019
Student Interview with an Aeronautical Engineer	Work Inspiration	2019
Tony Carlin: Drone Pilot	Work Inspiration	2019
Tony Moore: Freelance Creative	Work Inspiration	2019
Tyrone Williams: Photographer and Visual Artist	Work Inspiration	2019
Goal Setting		2011
How They Did It: Pathways to Amazing Jobs		2016
Pathways Planning		2009
Personal Potential: The Power of One – Respect, Optimism and Positive Energy		2011
The World of Work		2013
Working in Media		2010

Employment Rights and Responsibilities

Title	Series	Year
OH&S on a Film Set	Working Safely in the Media	2010
OH&S Issues for Work Experience Students		2007
Workplace Rights and Responsibilities (Adult)		2008

Financial Choices

Title	Series	Year
Borrowing Money	Know Your Finances	2017
Introducing the Finance Industry	Know Your Finances	2017
Savings and Investing	Know Your Finances	2017

Financial Choices

Title	Series	Year
Because Money Still Matters: Living Expenses		2012
It's Your Money: Financial Flight School		2006

Learning Skills

Title	Series	Year
Communication	Are You Job Ready?	2018
Learning for Work	Are You Job Ready?	2018
Planning and Organising	Are You Job Ready?	2018
Problem Solving	Are You Job Ready?	2018
Self Management	Are You Job Ready?	2018
Teamwork	Are You Job Ready?	2018
Customer Service	Communication in the Workplace	2007
General Office Skills	Office Administration Series	2007
Office Technologies	Office Administration Series	2007
Body Language and Assertiveness	Workplace Essentials	2015
Communicating in Writing	Workplace Essentials	2015
Communicating on the Phone	Workplace Essentials	2015
Dealing with Stress	Workplace Essentials	2015
Finance and Budgets	Workplace Essentials	2015
Managing Yourself	Workplace Essentials	2015
Meetings	Workplace Essentials	2015
Negotiating	Workplace Essentials	2015
Presentation Skills	Workplace Essentials	2015
Understanding Behaviour	Workplace Essentials	2015

Learning Skills

Title	Series	Year
Advising the Customer	Customer Service Essentials	2015
After Sales	Customer Service Essentials	2015
Communicating Effectively	Customer Service Essentials	2015
Customer Types	Customer Service Essentials	2015
Customers on the Phone	Customer Service Essentials	2015
First Impressions	Customer Service Essentials	2015
Online Customers	Customer Service Essentials	2015
Service for Sales	Customer Service Essentials	2015
The Power of Behaviour	Customer Service Essentials	2015
When Things Go Wrong	Customer Service Essentials	2015
Managing Projects and Processes	Workplace Essentials	2015
Assumptions	Critical Thinking Series	2009
Credibility	Critical Thinking Series	2009
Evidence in Argument	Critical Thinking Series	2009
Avoiding Plagiarism: Bibliographies	Library Skills	2018
Copyright: Creative Commons and Attribution	Library Skills	2018
Online Databases	Library Skills	2018
Using the Catalogue	Library Skills	2018
Defuse the Situation: Online Search and Review	Study Skills	2018
Locked in the Vault: Memory Tips and Tricks	Study Skills	2018
The Magic of Learning Styles	Study Skills	2018
Time Flies: Time Management Tips	Study Skills	2018
Acquiring Skills: How People Develop Skills in PE		2002
Customer Service		2013

Learning Skills

Title	Series	Year
Enterprise and Entrepreneurship		2011
Learning with Wikis and Blogs		2010
Online Research Skills		2014
Plagiarism: What Do You Value?		2005
Study Skills for People Who Hate to Study		2010
Research on the Internet		2009
Theories of Learning		2006
Understanding Intellectual Property		2014
Understanding Plagiarism and its Consequences		2011

Work and Career

Title	Series	Year
Lack of Preparation and Research	10 Things Not to Do in an Interview	2018
Lateness and Poor Presentation	10 Things Not to Do in an Interview	2018
Negativity and Nerves	10 Things Not to Do in an Interview	2018
Not Being Yourself or Having Questions	10 Things Not to Do in an Interview	2018
Poor Communication and Body Language	10 Things Not to Do in an Interview	2018
Adam Wilkinson: School Leaver	Careers at PricewaterhouseCoopers	2019
Aoife Sheridan: Team Leader in Financial Crime	Careers at PricewaterhouseCoopers	2019
Careers of the Future	Careers at PricewaterhouseCoopers	2019
Hannah Jackson: Student Recruitment	Careers at PricewaterhouseCoopers	2019
Humans vs. Automation	Careers at PricewaterhouseCoopers	2019
Kevin Gannon: Blockchain Lead	Careers at PricewaterhouseCoopers	2019
Maisy Sinclair: Tech Degree Apprentice	Careers at PricewaterhouseCoopers	2019

Work and Career

Title	Series	Year
Natalie Hartin: Forensic Technician	Careers at PricewaterhouseCoopers	2019
Skills of the Future	Careers at PricewaterhouseCoopers	2019
The Future of Work	Careers at PricewaterhouseCoopers	2019
Benefits of Work Experience	How to Succeed at Work Experience	2019
Employability Skills	How to Succeed at Work Experience	2019
Expectations versus Reality	How to Succeed at Work Experience	2019
Preparation for Work Experience	How to Succeed at Work Experience	2019
The Dos & Don'ts of Work Experience	How to Succeed at Work Experience	2019
Workplace Safety	How to Succeed at Work Experience	2019
Part 1: Research	Job Search Success	2011
Part 2: Applications	Job Search Success	2011
Part 3: Interviews	Job Search Success	2011
Part 4: Starting a Job	Job Search Success	2011
Finding and Applying for a Job	Mission Employable	2010
Interview Scenarios and Questions to Expect	Mission Employable	2010
Universal Rules for a Successful Interview	Mission Employable	2010
The Application Form	Selling Yourself Successfully	2010
The Interview	Selling Yourself Successfully	2009
Job Applications	What Your Boss Wants	2013
Job Interviews	What Your Boss Wants	2013
The Induction Process	What Your Boss Wants	2013
Your Probationary Period	What Your Boss Wants	2013
10 Things Not to Do in an Interview		2006
Answering Interview Questions		2010
Are You Job Ready?		2010

Work and Career

Title	Series	Year
Child Development Careers		2013
Common Mistakes Job Seekers Make		2005
CVs in the Real World		2006
Emerging Occupations: New Jobs of the 21st Century		2010
First Impressions: Winning Over Your Boss (Student)		2008
How Will This Help Me Get a Job?		2011
Interview Performance		2006
Interview Performance		2006
Job Interview Secrets		2012
Psychometric Testing and Employment		2013
The Job Seeker		2011
What Will I Say at the Interview?		2009