



Study Skills

Locked In The Vault: Memory Tips & Tricks

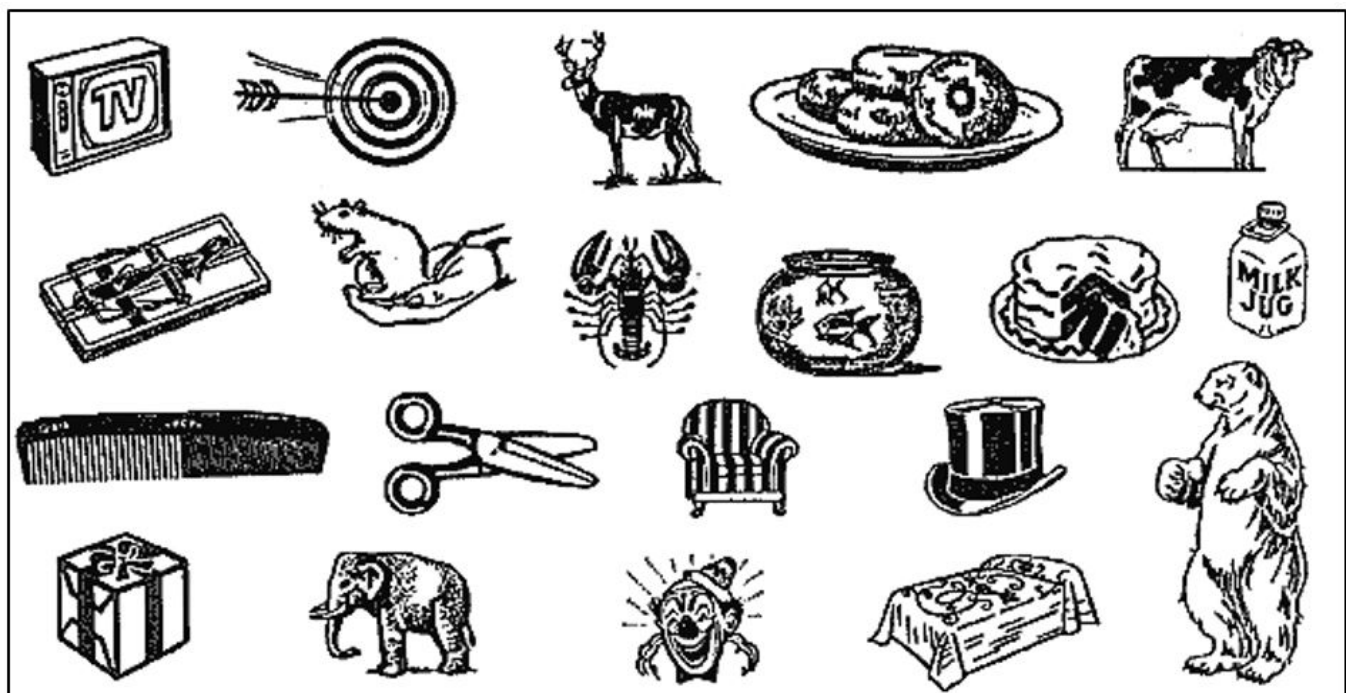
A Stroll Down Memory Lane

Use the images in these three boxes to complete the activities on the following pages.

BOX 1



BOX 2



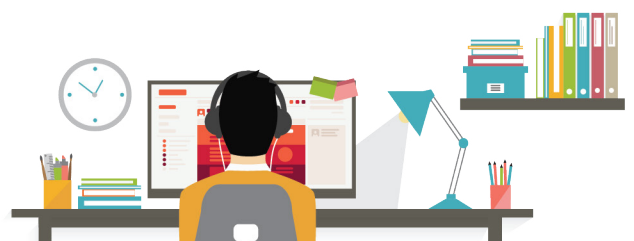
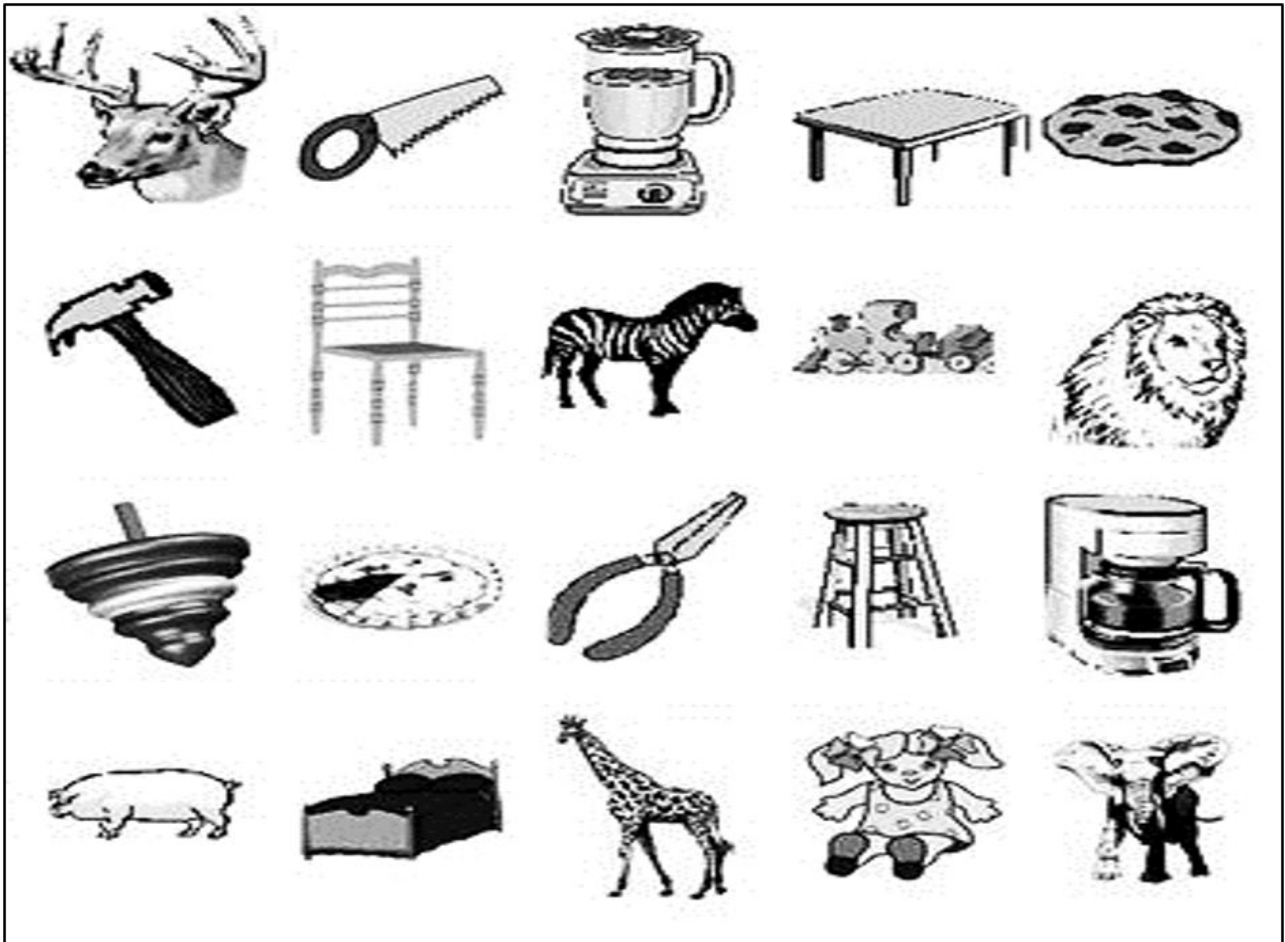


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BOX 3





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1. Look at the pictures in Box 1 for 30 seconds.
2. Without turning the page over to check, take one minute to write down all of the pictures that you remember:

3. After your minute is up, turn over the page and count how many images you remembered correctly: /20

4. Look at the pictures in Box 2 for 30 seconds, arranging them in groups in your mind. They could be in groups of similar quality, for example: living things, items found underwater, items beginning with the letter C, etc.

5. Without referring back to the images again, take one minute to write down all of the pictures that you remember:

6. After your minute is up, count how many images you remembered correctly: /20

Remembering smaller chunks of information, that is, grouping the images together, should have made it easier to recall the items. How many more items did you remember this time?





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7. Look at the pictures in Box 3 for 30 seconds, this time making up a story in your mind that involves each of the items in some way, either as characters, props, or as part of the setting.

8. Without referring back to the images again, take one minute to write down all of the pictures that you remember:

9. After your minute is up, count how many images you remembered correctly: /20

Attaching meaning to items and arranging them in order will help you to remember them better. Sometimes, the wilder and more absurd the stories are, the easier it is to remember the information! How many more items did you remember this time? _____

10. When did you remember most items? Apply this strategy now to a topic you are currently studying, and evaluate its effectiveness for your own study habits.

